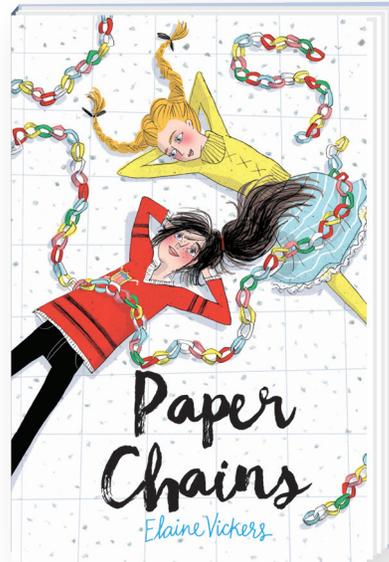
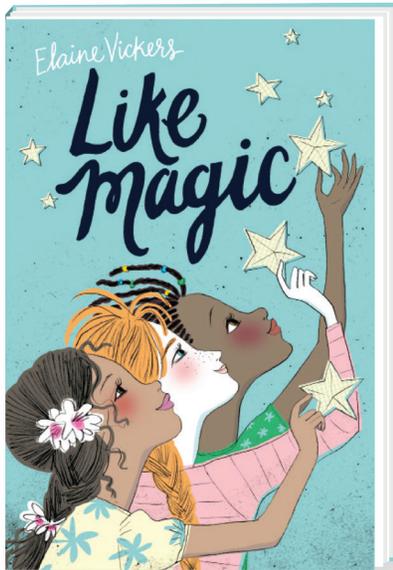
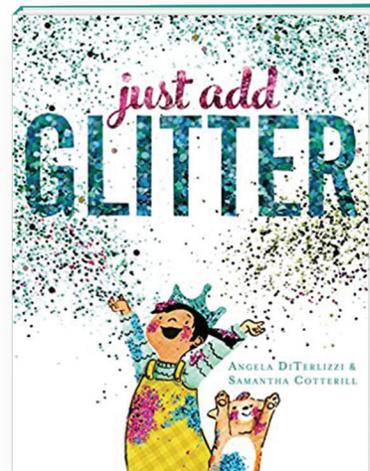
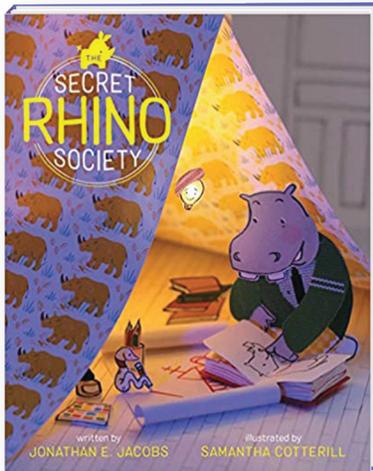


## OTHER BOOKS BY THE AUTHOR AND ILLUSTRATOR

ELAINEVICKERS.COM



SAMANTHACOTTERILL.COM



# THANKFUL

Words by Elaine Vickers · Pictures by Samantha Cotterill

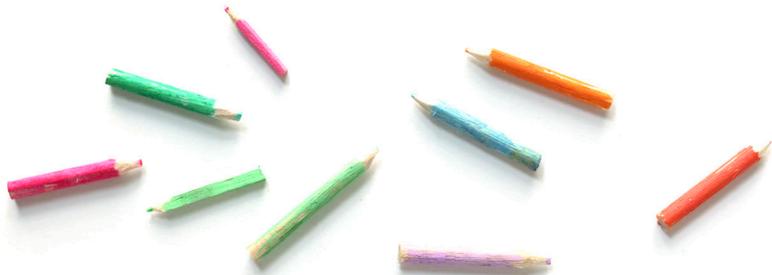


An Activity Guide for  
Classrooms, Book Groups,  
and Families

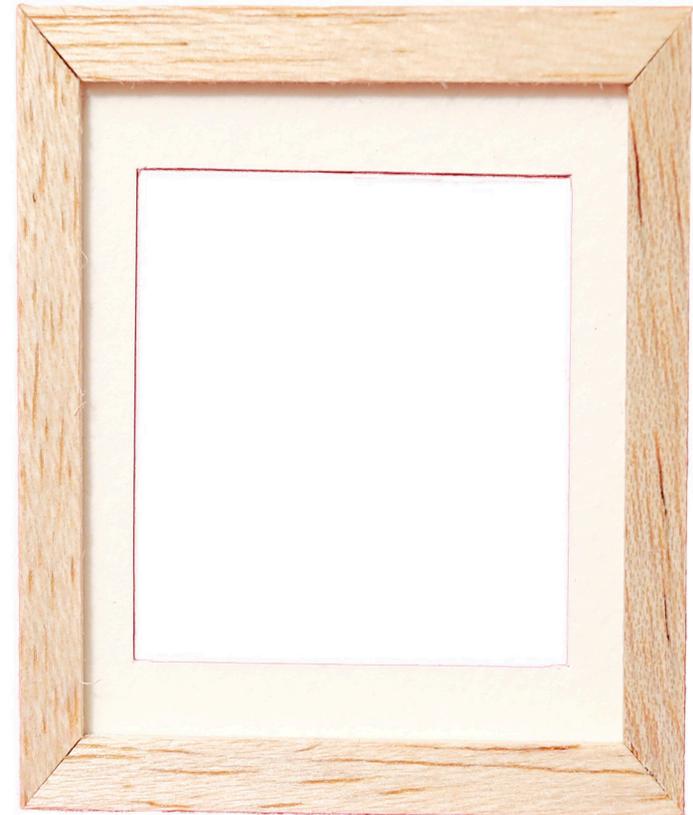
## HOW TO ASSEMBLE YOUR ACTIVITY BOOK

1. Print the pdf on regular 8.5x11 size paper or cardstock. Choose “print two-sided” or “print double-sided” before you press print. (Of course, you can always print individual pages one-sided to use as stand-alone activity sheets.)
2. The pages should come out of the printer in the correct order. **IMPORTANT:** Remove the last page of this pdf (the one that has lines across it and says “I am thankful for...” ) and save for later.
3. Being careful to keep the pages in order, fold the whole stack of pages in half and crease firmly. (There are page numbers on the inside pages just in case your book gets changed.)
4. Open the book again so that all the pages are laying flat just like they came out of the printer. Staple twice along the dotted lines in the middle. One staple should go an inch from the top of the book and one should go an inch from the bottom.
5. Re-fold the book so that the part that says “Thankful: An Activity Guide for Classrooms, Book Groups, and Families” is on the outside.
6. Now you have an awesome activity guide!

Notes for adults about two-sided printing: If you notice that your booklet is printing so that one page is right side up and one page is upside down, you need to make sure your print settings are “landscape,” and “short edge binding.” There are tutorials online to help if you get stuck.

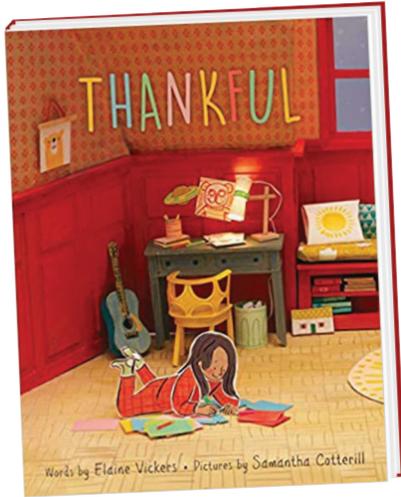


## ALL ABOUT ME



My name is \_\_\_\_\_ . I am \_\_\_\_\_  
 years old and I live in \_\_\_\_\_  
 with my \_\_\_\_\_ .

I am thankful for \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ .



ABOUT THE BOOK

*I am thankful for a home where  
I am safe and warm.*

*Thankful for parents who read  
me stories and comb my hair  
gently, gently.*

*Who whisper the same  
poem every night when they  
tuck me in.*

*When the first snow falls, a  
little girl writes down the  
things she's thankful for on*

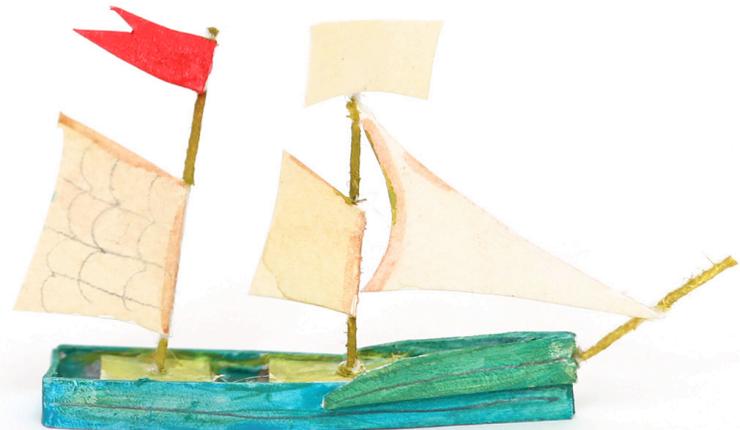
strips of paper and links them together. As one idea leads to another, her chain grows longer. There's so much good in her life: a friend, things that are warm, things that are cold, color, things that can be fixed. This beautiful story is a much-needed reminder to observe and honor life's small joys.

"CHARMING, ENGAGING...A VISUAL DELIGHT!"

—Kirkus Reviews



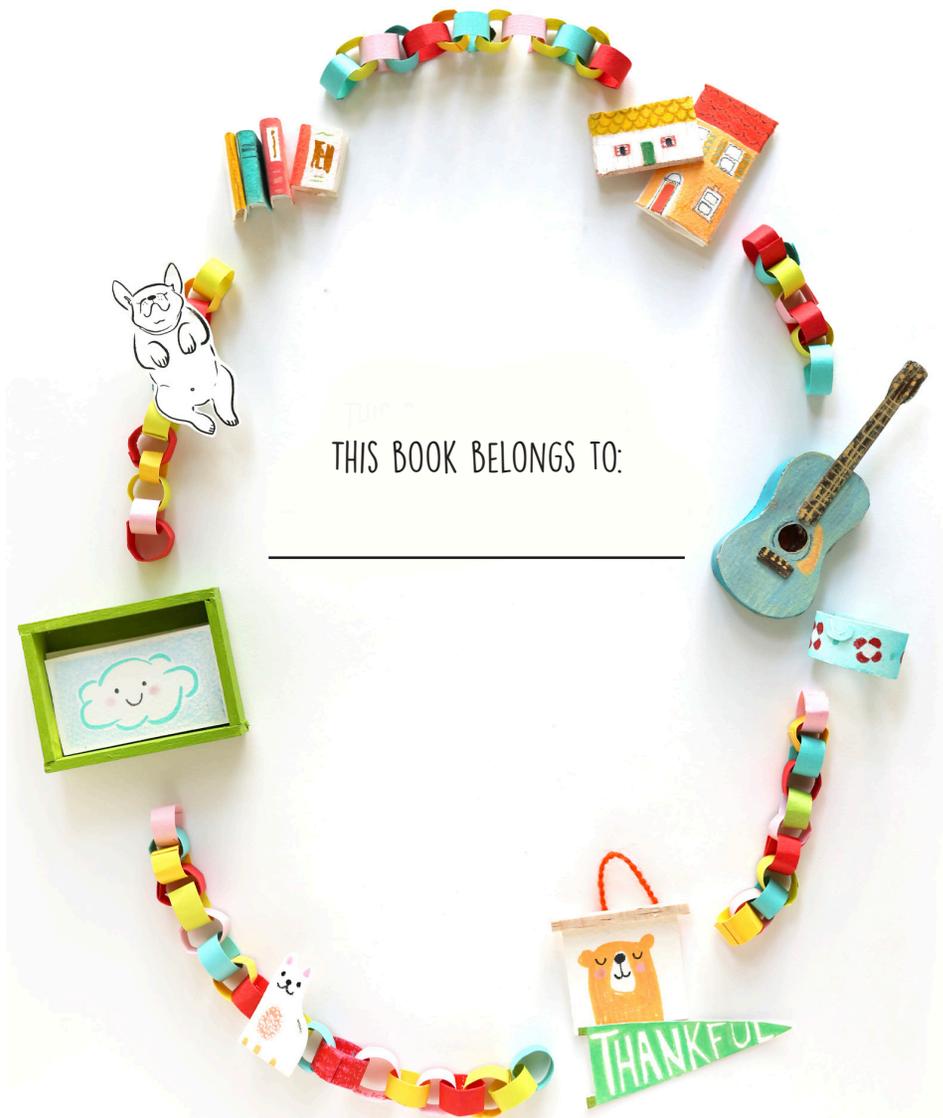
Activity guide instructions, recipes, and graphic design by Kinsey Beckett  
KinseyIllustration.com



10.

Can you draw what this child is dreaming of?

*Good night, dream sweet things,  
let them carry you on their wings,  
and whatever tomorrow brings,  
I love you.*



## WARM BANANA BREAD

*"I am thankful for things that are warm: soup and socks and the spot under the covers where someone has just been sleeping."*

## WHAT YOU NEED:

- 2 cups All-Purpose Flour
- 1/2 cup White Sugar
- 1/2 cup Light Brown Sugar
- 3 tsp. Baking Powder
- 1/4 tsp. Salt
- 2 tsp. Cinnamon
- 1 & 1/2 cups Mashed Ripe Banana
- 1/2 cup Milk or non-dairy milk
- 1/4 cup Coconut Oil

An adult to help

## WHAT TO DO:

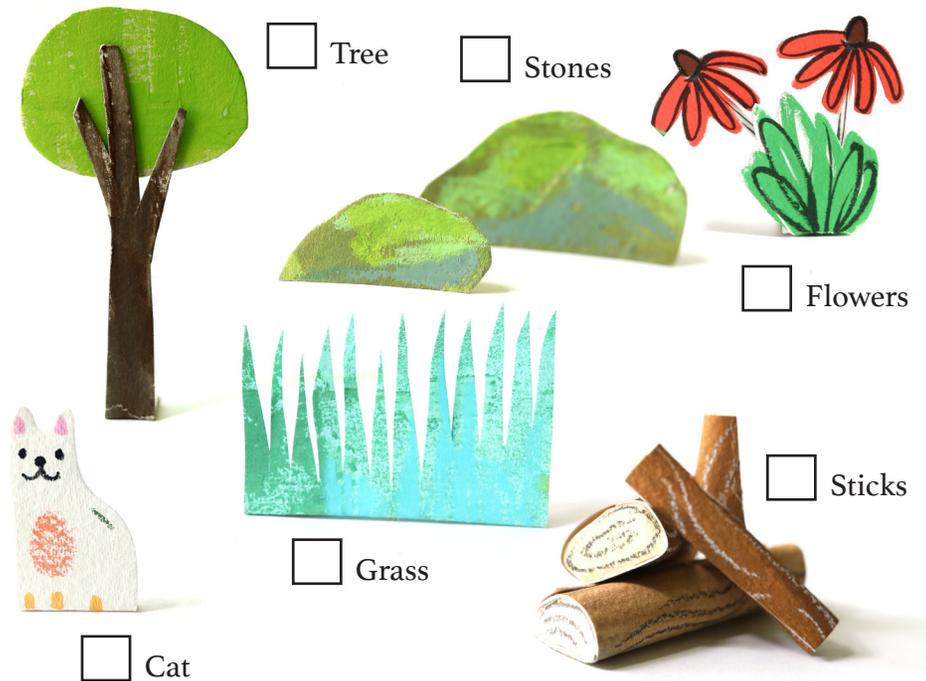
1. Preheat the oven to 350°F. Spray a 9"x 5" loaf pan with cooking spray and line the bottom with parchment paper.
2. Mix flour, white and brown sugar, baking powder, salt, and cinnamon in a large bowl.
3. In another bowl, mix the mashed banana, milk, and coconut oil until smooth.
4. Pour the wet mix over the dry, and mix it into a smooth batter.
5. Transfer the batter to your prepared 9"x 5" loaf pan and smooth down.
6. Bake for 60 minutes or until a toothpick inserted into the center of the loaf comes out clean.
7. Let the loaf cool in the pan for 10 minutes before removing it from the pan and placing it onto a wire cooling rack to cool completely.



## NATURE WALK

*"[A]ll the things I'm thankful for stretch around my window like a frame around a picture of the thing I'm thankful for most of all. 'Good night. World,' I whisper. 'And thank you.'"*

Can you find these things in the world around you?



What things in nature are you thankful for? Draw them here.

## THANKFUL TREASURE HUNT

Can you find the following items in the book *Thankful?*



## MAKE A THANKFUL CHAIN

WHAT YOU NEED:

8.5x11 paper of any color

Scissors

Stapler or tape

Pens, pencils, or markers

Your family and friends



WHAT TO DO:

1. The last page of this activity book pdf (the one you removed and saved) is a template for the paper chains. You can print as many as you like and use the template. A different way to do it is to cut unprinted paper into 6 equal pieces (about 1.4 inches wide).
2. Cut out the thankful chain links.
3. Write what you are thankful for on the links. Be creative! You can be thankful for anything, no matter how big or how small!
4. Take one of your links and curl it around until both ends are slightly overlapping and it makes a circle with the words inside. Using a stapler or some tape, secure the ends of the link together. Next, take another link and loop one end through the previous link, and then close by overlapping it on itself slightly. Secure it with tape or a stapler.
5. Keep making the chain by looping and overlapping the links. If you have different colors, it could be cool to make a pattern or design.
6. Undo one link of the chain per day and discuss what you're thankful for with your friends and family. You can count down to anything you like and share what you are thankful for with anyone you love.

## MINIATURE THANKFUL BOOKS

### WHAT YOU NEED:

- 8.5x11 paper
- Glue stick
- Scissors
- Ruler to help fold pages
- Pens, pencils, markers

### WHAT TO DO:

1. Lay this book open, image side down, on scanner and print.
2. Cut along outside edges of book templates from newly printed page.
3. Fold the interior book page sections together like an accordion.

							THANKFUL THANKFUL	 THANKFUL Words by Elaine Vickers Pictures by Samantha Cotterill
							THANKFUL THANKFUL	 THANKFUL Words by Elaine Vickers Pictures by Samantha Cotterill

4. Fold the cover and spine around the folded interior pages.
5. Glue the pages to the cover. With a glue stick, glue along the inside of spine and on the back of the front and back cover. While making sure the book is folded into shape, press down and allow to dry. (A binder clip works great for this!)
6. Fill the inside of the book with your own creativity! These miniature books are perfect as gratitude gifts.



SPOT THE DIFFERENCE

"[I am thankful] for things that are hard, like pedals and handlebars and a smooth road for riding bikes with friends."

Can you spot 8 differences between these two pictures?



Answers: 1. polka dots on shirt are now stripes 2. the white bike light is now black 3. finish line is missing 4. added bike spokes on blue bike 5. added extra red flower in background 6. added lightning bolt to helmet 7. added band-aid to front leg of front cyclist 8. took out line work from front bike main frame

PRETTY SPRING PATTERNS

"I am thankful for things that are soft and fresh, like laundry, bread, moss on rocks."

Look at the patterns on the left. Circle the objects on the right that continue the patterns. Color the objects.


I am thankful for

---

I am thankful for